Motcombe Community Facilities Directory



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Motcombe Community Facilities

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Pharmacies: Lloyds / Boots

The Little Pin Cushion

See page 6 for full Summary Facility details

[Unless otherwise stated, local telephone dialling code is 01747]

FACILITY / ACTIVITY	CONTACT NAME	Tel no. / e-mail or website address
Ballroom Dancing	Jillian La Valette	(Tel. 854803) jlvr.dancer@gmail.com
Coffee mornings	Margaret Wooldridge	MAWDRW01@outlook.com
Coppleridge Inn	Chris Goodinge	(Tel. 851980) thecoppleridgeinn@btinternet.co.uk
Defibrillator	Liz Pocock	(Tel. 852647) jepocock@uwclub.net
Dewberry Cottage B & B	Amanda Jenkins	(Tel. 855716) www.bandbshaftesburydorset.co.uk
Dorset Partnership for Older People	Rosie Gall	(Tel. 07823 412119) rosie.gall@helpandcare.org.uk
Programme [POPP]	Wendy Lake	(Tel. 07920 650601) wendy.lake@helpandcare.org.uk
Gardening Club	Bev West	(Tel. 858981) <u>beviwest17@gmail.com</u>
Jazzercise Dance Fitness	Charity Tidbury	(Tel. 07799 484042) jazzercisedorsetwilts@hotmail.co.uk
Memorial Hall and Recreation Field	Chairman	www.motcombehall.org
Merry Muddlers	Linda Nelson (Organiser)	(Tel. 852754) <u>Inel47@icloud.com</u>
Mobile Library	Tracy Long (Manager)	(Tel. 01305 224458) t.long@dorsetcc.gov.uk
Moo Music	Jules Bond	(Tel. 07789 888891) jules@moo-music.co.uk
Motcombe Allotment Association	Colin House	(Tel. 07789 978680) homeriam2003@gmail.com
Motcombe Beavers	Janet Odell	odell.janet@googlemail.com
Motcombe Bridge Club	Alan Bayfield	bayfield@talktalk.net

FACILITY / ACTIVITY	CONTACT NAME	Tel no. / e-mail or website address
Motcombe Cemetery St Mary's Churchyard	Revd Pam Rink (Team Vicar)	(Tel. 590712) (Mob. 07781 786526) pam@stmin.org.uk
Motcombe CE Primary School	School office	(Tel. 852018) office@motcombe.dorset.sch.uk
Motcombe Community Players	Rosie King	(Tel. 854093)
Motcombe Community Shop and Post Office	Manager	(Tel. 852225) MotcombeCommunityShop@gmail.com
Motcombe Cubs	The Group Scout (Leader)	info@motcombescoutgroup.org.uk
Motcombe Garage	Service Manager	(Tel. 852579)
Motcombe Gillingham Cycle Way	Martin Lee	(Tel. 852273) mhlee22@uwclub.net
Motcombe Grange	Lucy Stafford (Manager)	(Tel. 852426) manager@grangeservices.org.uk
Motcombe Handbell Ringers	Gill Waine	(Tel. 851007)
Motcombe Luncheon Club	Margaret Wooldridge	MAWDRW01@outlook.com
Motcombe Meadows	Simon Rogers	(Tel. 825370) Simonrogers65@gmail.com
Motcombe Methodist Church	Margaret Wooldridge	MAWDRW01@outlook.com
Motcombe Park Sports Club	Christof Kirchner (Manager)	(Tel. 857957) motcombepark@portregis.com
Motcombe Play Area and Recreation Group	Dan Young (Chair of Trustees)	youngdanielpaul@gmail.com
Motcombe Running Club	Frank Armstrong	frank@motcomberunners.com (Tel. 07711 898978
Motcombe Scout Troop	The Group Scout (Leader)	info@motcombescoutgroup.org.uk

FACILITY / ACTIVITY	CONTACT NAME	Tel no. / e-mail or website address
Motcombe United Charities	Liz Pocock	(Tel. 852647)
Channes		jepocock@uwclub.ne
Motcombe Women's Institute	Pat Lock	(Tel. 850364
mstitute		mikelockdorset@hotmail.com
Motcombe Youth Club	Gail Potter Naomi Jeffery	(Tel. 850865) (Tel. 851740) motcombeyouth@hotmail.co.uk
		www.facebook.com/motcombeyouthclub
Moviola	Liz Pocock	(Tel. 852647)
		jepocpck@uwclub.net
Pharmacy Services	Boots	(Tel. 852471)
	Lloyds	(Tel. 852086)
Pilates	Carla Barber Pilates Teacher IPTA	(Tel. 07974 748132) charcroft@hotmail.com
Ramblers	Peter Gale	(Tel. 851026) kizzycat80@yahoo.co.uk
Rights of Way	Peter Mouncey	peter.mouncey@zen.co.uk
St Mary's Church	Revd Pam Rink (Team Vicar)	(Tel. 590712) (Mob. 07781 786526) pam@stmin.org.uk
The Little Pin Cushion and Sewing Workshops	Laura Marsh	(Tel. 897261) laura@thelittlepincushion.co.uk
The Villager	Gail Potter	(Tel. 850865) wintersgrace@hotmail.com
U3A French for Fun	Chris Sims	(Tel.854411) sims.barton@uwclub.net
Zest Exercise for Health	Anne Lewis	annelewis1354@yahoo.co.uk
Zumba Fitness	Chantelle Johnson	(Tel. 07590 326292)

Summary Reviews Motcombe Facilities

[Unless otherwise stated, local telephone dialling code is 01747]

General Facilities

Defibrillator

The Village was given a defibrillator by Chris Goodinge of the Coppleridge over a year ago. It was fixed to the roadside wall of Motcombe Community Shop. The Parish Council then kindly funded a training evening at the Coppleridge by St John's Ambulance which 11 residents of Motcombe attended. Most of them agreed to have their names put on a list. This was published in 'The Villager' along with a check list of what to do in an emergency. The defibrillator is checked over once a fortnight and so far (Sept 2016) it hasn't been used.

Liz Pocock (Tel. 852647) jepocock@uwclub.net

Dorset Partnership for Older People Programme [POPP]

This FREE SERVICE is available to help the over 50's in North Dorset and provides access to information and facilities in the local area. POPP, Partnership for Older People Programme employs local people who work as Wayfinders and Champions within Motcombe and the surrounding areas.

Wendy Lake is the Motcombe Wayfinder and is able to provide support to individuals or a family member or friend who needs a helping hand to find out about the local services and support that is available. Wendy will always try to find an answer - whatever the question.

The team have a large list of contacts and information on a variety of topics, including: Fire Service home safety checks, health services, support for carers, home aids, home care, food, transport, benefits and social activities. Wendy can be contacted on 07920 650601, or email wendy.lake@helpandcare.org.uk.

The Motcombe POPP Champion is Rosie Gall. Rosie is here to listen to older people's concerns, identify opportunities, work with local organisations and develop activities in local communities.

If you have an idea for a project, service or amenity or if you have a concern about a service being lost of changed, get in touch with Rosie on 07823 412119 or email rosie.gall@helpandcare.org.uk.

Memorial Hall and Recreation Field

Motcombe Memorial Hall and the adjacent recreation field are held in trust for the village by a Board of Trustees, with routine management being undertaken by a Management Committee; members of both groups are volunteers.

Built in 1928 and extended in 2008 with a Pavilion, the Hall is a registered charity and the primary aim is to use it to host a range of village activities. The Hall is self-funding. Revenue is therefore raised by hiring out to various groups including: mothers & toddlers, cubs, scouts, youth club, WI, country dancing, garden club, bridge club, photo club, monthly Moviola film nights and, when active, the cricket team. Commercial tutors provide yoga, Pilates, exercise and dance classes and individuals can hire the Hall for birthday parties, functions and weddings.

However, hiring income alone does not cover the running expenses and upkeep of a 90-year old building, so the Management Committee organises fundraising events to supplement revenue. There is an annual Village Fete, a pantomime and/or one or

two plays, four Pop up Cafes, a Craft Fair, a Quiz Night, two car boot sales and occasional social evenings such as a barn dance.

The Main Hall seats 90 people and the Pavilion 60; the facilities of the Hall cater adequately for the needs of the current population of Motcombe. www.motcombehall.org

Mobile Library Service Dorset County Library Service

Due to budgetary implications, Dorset will lose 3 of its 4 Home Mobile Library Service vans. The one remaining van will visit residential homes. In considered changes, Dorset County Council have said by end of March 2017 (at latest) these changes will allow them to focus the Mobile Library Service on people of all ages who cannot get to a library building. Regarding services for Motcombe from March 2017: The Mobile Library Service van currently plans to make one stop only on the 2nd Tuesday of the month (10.25 a.m. - 10.45 a.m.) at Motcombe Grange.

(Tel. 01305 224458) t.long@dorsetcc.gov.uk

Motcombe Allotment Association

The allotments were formed approximately 6 or 7 years ago and is 'managed' by the Allotment Association Committee. Two years ago we took out a 15 year lease on the site with the land owners – the Parish Council. Having security of tenure gives us a stronger arm should we need to apply for grants etc. There were originally 32 plots, but we managed to secure a grant from the Dorset Community Foundation 2 years ago which enabled us to erect a communal 'shed/ summerhouse'. This is used for our tools and gardening equipment, as well as seeds, fertilisers etc. The erection of the shed was on one of the original plots, so we now have 31 plots. Around the shed we have formed a communal area with benches and chairs and we encourage people to bring their families and have picnics or simply to rest up in between tending their plots!

In such an area, of course, one strikes up conversations with whomever else is there and it truly gives the feeling a being a community. The site is always open for the public to look around – as long as there is an allotment holder on site whom can let the visitor in and out. We have also had specific publicised 'open days' with a speaker and light refreshments. The allotments have come second, twice, in the BMV's Taste of Dorset awards for home grown food.

It is the time of year now (June) when subscriptions become due and anyone wishing to vacate their plot for any reason now advises the committee. We currently have 2 vacant plots but are carrying out small advertising campaigns to fill them.

Like most gardeners, we sometimes have surpluses of food. In the past we have suggested that the wonderful community shop take these and sell them – but apparently they are forbidden from doing so for various reasons which I will not explain to you here. We can, however, donate items to the shop which they can display and accept donations for. That, I understand, is the situation.

The whole allotment is a picturesque site and wonderful positioning. Throughout 'the season' we are always an attraction for the public who walk their dogs and stop for a chat. Being quite close to the Grange I am sure also gives the residents there somewhere close by where they can watch the site develop through the year and see the plants in different stages.

I truly believe the allotments are an integral part of the community and an asset to the village as a whole.

Colin House (Tel. 07789 978680) homeriam2003@gmail.com

Motcombe CE Primary School

Motcombe CE VA Primary School is part of Shaftesbury Academy Trust, a charitable private company, limited by guarantee and registered in England and Wales, company number: 09040388 Registered office address: Shaftesbury School, Salisbury Road, Shaftesbury, Dorset, SP7 8ER

Primary School's aims:

To lay secure Christian foundations equipping children with skills to lead emotionally and physically healthy lives, with the ability to integrate into an ever changing society.

To ensure that children become resilient, independent, lifelong learners enabling them to reach their full potential across the whole curriculum.

This will be achieved through providing:

- Christian values that are at the core of school life.
- An environment that is safe and secure.
- High quality teaching and learning that respects and values every child.
- A creative curriculum that is broad and balanced.

Office: (Tel. 852018) office@motcombe.dorset.sch.uk

Motcombe Cemetery - St Mary's Churchyard

The churchyard is primarily there as a burial place for all who live in the village and also for any, usually previous villagers, who can prove a close link with the village. By its very nature it is also a resource for those who wish to try and discover further details of their family tree having exhausted the information available online. Sadly a few of the older memorial stones have succumbed to the ravages of the weather; we do have some written records and might be able to help with names if not precise dates. It might not be generally known that there are three Wargrave Commission graves in the churchyard.

Being an open space the churchyard is also of interest to those interested in the flora and fauna within its bounds; one area has been left to develop naturally with curved paths to the main graves within. Both our Village School and Port Regis have used the church and the churchyard for educational purposes in the past and hopefully will do so again in the future.

Revd Pam Rink (Tel. 590712) (Mob. 07781 786526) pam@stmin.org.uk

Motcombe Community Shop and Post Office

Motcombe Community Shop opened on 17 July 2010 with a Shop Manager, a newly trained Sub Postmaster, a good number of volunteers and a Shop Committee. Our location on the Street in the centre of the village, between the church and village hall at one end and the Coppleridge Inn at the other, places us conveniently as a social hub and utility. We have no car park but vehicles parking on the street have the beneficial effect of slowing traffic on a road which tends to suffer from speeding. The Shop Committee now comprises nine members, all of whom are volunteers with the exception of the current manager. The Committee members each assume responsibility for a specific role for the general functioning of the shop. The shop now employs five part-time staff: Shop Manager/Sub Postmaster, two Post Office Assistants, a Shop Assistant and a Book Keeper. There have always been more than fifty volunteers involved in the shop in different ways. When the shop was purchased, extensive renovations took place and several villagers with relevant skills were involved in the planning and actual structural development of the shop.

Volunteers now:

- work in the shop for one or more shifts a week
- help with general maintenance
- cash up
- take and collect dry cleaning for customers
- deliver orders to Motcombe Grange
- clean the premises
- help manage the storeroom

The volunteers live mainly in the village but two ex-residents still return each week to work a shift. The shop and Post Office aim to provide a service to the village. The shop is open for 61 hours a week and the Post Office is open for 35 hours a week. Products stocked range from convenience foods, local produce and specialities, wine and beer to stationery and gifts. Post Office services are comprehensive and the shop subsidises it to keep it open.

We are now holding our own financially despite competition from the shops and supermarkets of Shaftesbury and Gillingham, within a 3 mile radius. We provide an important service especially for the less mobile, elderly and those who do not shop on-line.

In 2015 we received a grant from post office Network Transformation scheme which enabled us to modernise and relocate the Post Office within the shop.

This created space for a Coffee Corner to seat approximately 10 people and this, together with 3 tables in an outside courtyard, is enabling the shop to become even more the hub of the village.

The shop has been used as a venue for MacMillan Coffee Mornings, meetings, Christmas Eve carol singing and as part of Port Regis School's Pre Prep curriculum.

Village events and news are advertised inside the shop and tickets for all village events are sold here. These have included Motcombe Drama Group, Movieola, Quiz nights, talks, dances, Copplerigde Inn events and the Gillingham and Shaftesbury Show. Whenever possible the shop offers a discount on wine and beer on purchases for group events and donates Gift Vouchers to numerous raffles.

The shop has received various awards ranging from the Taste of Dorset Awards, the Dorset Business Award for Engagement within the Community and most recently being a finalist in the Countryside Alliance Awards for 2015/16.

(Tel. 852225) <u>MotcombeCommunityShop@gmail.com</u>

Motcombe Meadows

The 18-acres Motcombe Meadows site lies in prime Dorset countryside in what was known as the Royal Forest of Gillingham. The site was gifted to Motcombe Parish Council as part of a 'Section 106' agreement in 2006 when the nearby Summer Oaks development was built, and since then the Council has worked in consultation with the village and external experts to improve access and facilities on the site, including:

- bridges and paths to allow access by less-abled visitors,
- 1000+ native tree woodland,
- wildlife enhancement provisions,
- 32-plot allotment site.

The Meadows gift to the Council from the developer included funds for the maintenance of the open space. It is realised however, that those funds do not stretch far enough for more ambitious plans, and as a result they are managed carefully to ensure long-term availability for basic maintenance needs.

However, the primary objective of this management is to increase both the overall pedestrian traffic over the site, and the window for sustained usage beyond the drier summer months.

One of the key characteristics of the Meadows is the clay sub-soil and therefore waterlogged nature. This provides a challenge to year-round usage. The Meadows are an open space and not a recreation park, and it is not the intention to create paved, formal pathways throughout the area, as this would detract from the objective of maintaining a natural space. That said, the wet nature of the area makes it difficult for anyone beyond the hardy and welly-clad to access the area in times of bad weather. So some paths have been enhanced at 'pinch points' around the site to assist access, along with strategically placed seating, and it is anticipated that this effort will continue.

The site has become a keen focus for the butterfly conservation fraternity, with summer spotting sessions becoming a regular feature for both butterflies and moths, and has included sightings of rare species. This effort highlights the tension between the required maintenance and conservation efforts, as the timing of the main grass cut needed each year frequently coincides with the greatest butterfly populations. In addition, the barn owls, fungi, water voles and newts all provide a rich environment on the Meadows which the Parish Council will strive to protect.

Visitor numbers have increased and the site has become a well-used and loved asset.

Being in the middle of the village, there is always a danger of losing open spaces to development, and in 2011 the Parish Council sought and gained Field in Trust status under the QE2 Fields scheme as a vital step toward preserving this amenity for all.

Simon Rogers (Tel. 825370) <u>Simonrogers65@gmail.com</u>

Motcombe Methodist Church

Worship services are held at 10.30 every Sunday. Coffee and biscuits served afterwards. Attendances vary from 10 to 25 or more on special occasions.

Tuesday mornings from 9.30 to 12.30 we open our church doors for anyone to pop in to be quiet or pray. We encourage the use of a 'Thank you Tree' and Prayer Request board.

Womens Fellowship meet on the 3rd Wednesday in the month at 2.30.

This is open to all ladies and is run by the church. They at present have a membership of 10 with the Leader, Rev Margaret Oxenham coming from Sturminster Newton.

Margaret Wooldridge MAWDRW01@outlook.com

Motcombe United Charities

Our committee comprises Revd Pam Rink, Chairman, Brenda Crabbe, Treasurer, David Preston, representative from Enmore Green and Liz Pocock (Secretary).

Motcombe United Charities is able to help those who have fallen on hard times and live in Motcombe and Enmore Green.

Liz Pocock (Tel. 852647) jepocock@uwclub.net

Moviola

We started showing films in Motcombe Memorial Hall 11 years ago and as we're 3/4 hour from the nearest cinema we felt there was a need. We show up to date films (12 weeks old) on the third Wednesday of each month with a break in August. Our average audience numbers are about 75. We are now associate members of Moviola rather than full members as we have our own equipment, so we use Moviola to supply and send the film.

This means that our profits are up and we plan to donate small amounts to other village concerns as and when there is enough in our account.

We have an annual AGM

Liz Pocock (Tel. 852647) jepocock@uwclub.net

Rights of Way

The current network of Rights of Way provides essential but relatively limited, access to the surrounding countryside or as links to neighbouring communities. This network should be upgraded and more widely promoted to provide easy access to all members of the community and maintained to a standard that ensures ease of use. This will be achieved via investigating the possibility of funding to create improvements; encouraging the residents to help maintain the network, and work in tandem with NDDC Rangers, the local branch of the Ramblers Association and the Gillingham Rights of Way team.

Consideration needs to be continued to develop cycleways within the parish, especially the proposal to create a link to Gillingham using the existing Rights of Way.

Peter Mouncey <u>peter.mouncey@zen.co.uk</u>

St Mary's Church

First and foremost, the Church is here for the community for weddings, baptisms (Christenings), funerals and memorial services, and our daily and weekly services which are open for anyone to attend. The Church is also open daily for anyone to pop in for a time of quiet and a space for reflection or prayer from 8.30am to around 5pm.

We also offer confidential pastoral care and support in times of crisis or difficulty. Please see the notice board in the Church porch or outside Church for contact details. If we are unable to help directly we can assist those in need to find appropriate support. The School use the Church and Churchyard regularly for assemblies, special services and as a teaching resource during term-time.

Although there are pews down the centre of the Church, these have been removed from the side aisles giving a much more flexible space. This means that we have been able to offer a greater degree of hospitality in the form of meals for various events, lectures and workshops, and for events such as concerts, plays and musicals, all of which have been held in the Church over recent years.

Much work has been done to provide a toilet, kitchen and new lighting as well as an upgraded heating system, so it is now a very comfortable space.

There is a regular bell-ringing team that ring at Motcombe and have also held bell-ringing events here. The Church and Churchyard are frequently visited by people researching their family history and we have a few historically interesting graves.

There is an area of the Churchyard set aside for a Living Churchyard Project where various flora and fauna are encouraged. Dorset Wildlife Trust visit on a fairly regular basis and advise on management of this area.

Revd Pam Rink (Tel. 590712) (Mob. 07781 786526) pam@stmin.org.uk

The Villager

A free publication distributed approx 7 times a year publicising village events and news, it carries no paid adverts. The Villager is funded entirely by donation, produced and distributed by volunteers.

Every October a coffee morning is held to help with the funding - this is an excellent morning supported fantastically by the village who come and join the volunteers for tea, coffee, bacon rolls and of course "the birthday cake" an old tradition to celebrate the anniversary of the magazine. M

It is a real village institution now and has been in production since the 1980's

Gail Potter (Tel. 850865) <u>wintersgrace@hotmail.com</u>

Youth Amenities

Moo Music

Thursday 11-11:40am during term time

If you have preschool aged children please join us for some moosical fun at the Memorial Hall. Great for building confidence, developing rhythm and having lots of fun! Parents and carers get a gentle workout too!

Jules Bond (Tel. 07789888891) jules@moo-music.co.uk

Motcombe Beavers

Beavers are the youngest members of the scouting organisation aged 6 to 8 boys and girls.

I currently have 16 and a waiting list It is run by myself and one other.

We are volunteers who undertake training in our own time and at our own expense.

We are self funding. We receive no reduction in hall costs.

The Parish Council have given grants in past years to provide with the means to purchase materials. The children are mainly from the village although we have a few from Semley ,Fontmell Magna and Shaftesbury.

We follow a programme of activities designed by myself which enables the children to gain scouting badges. We meet weekly in term time only.

Scouting relies on volunteers solely, something that many do not realise or appreciate.

It has been difficult to find people willing to take on roles and sit on the committee, but Motcombe has a core few who are committed.

Janet Odell odell.janet@googlemail.com

Motcombe Cubs

We have 30 cubs at present, and run a waiting list. We are limited by the size of our meeting place (the Memorial Hall), and by the need for more Adult Leader volunteers.

About 60% of our Cubs (boys & girls) come from within the village. The remainder from Shaftesbury, Fontmell Magna, East Knoyle and East Stour.

Like the other sections of Motcombe Scout Group (Beavers & Scouts), we are funded by subscription from parents. £30 per school term at the moment.

We meet on a Tuesday evening 6-30 to 8pm in the main hall. We are unable to meet in the Main Village Hall on the first Tuesday of each month because of a regular, permanent booking by another group. On these occasions we meet in the School Hall, or go out and about somewhere. As a Scout Group, we have use of the stand alone garage at the end of the car park in the Hall field. We use this for storage of equipment (tents etc)

The Group Scout Leader <u>info@motcombescoutgroup.org.uk</u>

Motcombe Play Area and Recreation Group

The group is a small registered charity run by local volunteers to manage the equipped children's play area near the Village Hall. Even though this is the only public play area in the village, it is NOT run by the Parish Council or the Village Hall.

Money is needed to insure, maintain and, when necessary, replace the play equipment. We carry out regular safety inspections, organize fund-raising events and volunteer work-parties and deal with the admin required of registered charities.

Keeping the play area safe and well looked after isn't to difficult but in order to keep it that way we must have trustees and volunteer helpers and we never seem to have quite enough.

Please contact our Chairman if you can help in any way.

Don't forget to check out our website : http://motcombeplayarea.btck.co.uk

Motcombe Scout Troop

We have 12 Scouts at present, and growing rapidly.

At the moment, most of our Scouts come from outside the village/parish, but this is likely to change as more Cubs from the Village move up to Scouts.

From September 2016, we will meet on a Thursday evening in the main hall.

Like the other sections of Motcombe Scout Group (Beavers & Cubs), we are funded by subscription from parents. £30 per school term at the moment, supplemented by fundraising events.

As a Scout Group, we have use of the stand alone garage at the end of the car park in the Hall field. We use this for storage of equipment (tents etc).

The Group Scout Leader info@motcombescoutgroup.org.uk

Motcombe Youth Club

We are a volunteer organisation. We open every Friday night and any young person between 9 & 17 is welcome to join. The majority of our membership live in the Parish of Motcombe - but our committee can elect to include young people from other areas. We are proud to be recognised for including young people with both learning and physical challenges.

We have just employed a professional youth worker to promote and help organise the activities in the club, also to grow our membership.

The youth club is very lucky to have a great deal of equipment and tools to offer an excellent variety of activities including many sports, crafts, cookery and we now hope to move into drama as well in the new term.

AS we meet on Fridays we do have a tuck shop, for that part of the evening where members can indulge in some sweet treats but we also try to promote healthy eating with a supper club where members can prepare a simple tasty supper to enjoy with each other.

Motcombe Youth Club is affiliated to the Dorset Youth Association and benefits from their support and guidance.

Contacts:

Gail Potter 01747 850865 Naomi Jeffery 01747 851740

Email: motcombeyouth@hotmail.co.uk

or visit our Facebook page www.facebook.com/motcombeyouthclub

Clubs and Social activities

Ballroom Dancing

Basic figures in the ballroom & latin american dances will be taught, but the emphasis is on FUN! Please come with a partner. Commencing Wednesday January 18th 2017 & EVERY Wednesday. Beginners Class 7-30 -8-30 pm Improvers Class 8-30 -9-30 pm.

Jillian La Valette FISTD LA H Com FISTD BB (Tel.854803) jvr.dancer@gmail.com Undefeated International Professional Latin American Champion

Coffee Mornings

Friday 10.15 to 11.45 Every week. (venue: Methodist Church Hall)

Coffee and cakes and savouries. We ask for a donation of £2 (or more!) All money is given to a different charity each month. We raise about £100+ each month. This is run by the church and has been going for 20 or more years. It operates by a team on helpers 2 each week on a 6 week rota. Numbers vary considerably from 10 to 24.

All are welcome, open to everyone.

Margaret Wooldridge <u>MAWDRW01@outlook.com</u>

Gardening Club

Long established club and we meet every month - 1st Tuesday at 19.30 - at the Village Hall. We have between 65-70 members at present. As new people come to the village they are often invited by a neighbour to come to a meeting to see if they like it.

An interesting talk and general chat evening.

We have a Spring Show on the meeting date in April for which entries are only open to members this is followed by an AGM. In August our meeting slides to 1st Saturday as we have our Summer Show - which is open to anyone and goes on all day with setting up,

judging and then open to public, then prize giving. These events usually get a write up in the BVM.

I write an article for the Villager each month re Gardening Club - this has my name and details and also brings in enquiries from non-members. Our Chairman Tom Crabbe - gives gardening tips at the meetings. We have a Christmas party for the December meeting. We have a Committee of 10

and have, as a lot of the other village clubs also have, some difficulty in getting new volunteers. We run a pitch at the Village Fete - for the last few years The Coconut Shy. Our membership has

been boosted a little recently as a few more people are moving into the village - and I think a lot of people do like the idea of being able to walk to events in the hall. A number of our members also have Allotments - and this gives an opportunity to those who are not Club members to enter some of the classes at our Summer Show.

Bev West (Tel. 858981) beviwest17@gmail.com

Merry Muddlers

The Merry Muddlers are a group of people, who meet in the Memorial Hall every alternate Monday, between 8pm. and 9.30pm. throughout the year, for the sole purpose of having a fun evening,by valiantly attempting to achieve some approximation towards English Country Dancing!

The name says it all, we are not a serious group and no standard of expertise is required. The cost is £1 per session and that includes a cup of tea/coffee and a biscuit!

At the moment, we have about 40 members and have anything between 12 and 30 people turning up at each session.

Linda Nelson (Tel. 852754) <u>Inel47@icloud.com</u>

Motcombe Bridge Club

The bridge club was formed in the early 1990's and met in the Methodist hall.

Players have to reside within the parish to become full members although we do have a few associate members mainly from Gillingham. As membership increased we needed more space and moved to the Pavillion room attached to the main hall.

We currently have 24 members and 3 associate members

We meet on Friday evenings throughout the year, missing only the Christmas and Easter breaks plus other occasions when the hall is required for weddings etc..

We average four tables (16 people) per week and occasionally up to six tables.

We are a friendly club not affiliated to the English Bridge Union and play basic Acol to cater for a range of abilities.

We welcome anyone in the village who either plays or would like to learn to contact us and we can provide limited teaching/refresher sessions.

During the year we have two evenings raising money for the heart foundation and cancer charities.

Alan Bayfield (Chairman) bayfield@talktalk.net

Motcombe Community Players

We meet to organize a village theatrical production twice a year and this provides weekly contact with all ages for a period of twelve weeks, twice a year.

Rosie King (Tel. 854093)

Motcombe Handbell Ringers

Motcombe Handbell Ringers are a small group who meet weekly. New members are always welcome, it is not necessary to be able to read music and we just have fun!

For further details contact Gill Waine on 851007.

Motcombe Luncheon Club

Motcombe Lunch Club meets every month on a Tuesday 12.00 for 12.30 at the Methodist Church Hall. Usually on the 2^{nd} week but not always. This is a lunch and pudding followed by a hot drink. £8. The same title is used for the alternate fortnight when we provide a lighter lunch, usually soup and a pudding for £5 The food is prepared by Chris Francis who is 'paid' any profit.

A team of voluntary helpers wait, serve and wash up then clean up. We have 5 on this team, only using 3 for lunch and 2 for soup. This is entirely self funding and pays for the use of the hall. It is

however overseen by the church for administration / insurance purposes. It is essential for people to book in and we have an average of 12 for soup and 16-22 for lunch. We try to reach anyone in the village who would like a lunch cooked for them instead of preparing their own, or any one or couple who would like some company for an hour or so. There is no age restriction but most are older folk.

Lunch Club is open to anyone. We need places booked by the Sunday prior to the Tuesday to enable catering for the correct number. Unless there is a good reason we need people to pay if they don't turn up!

Margaret Wooldridge <u>MAWDRW01@outlook.com</u>

Motcombe Women's Institute

The WI offers women the opportunity to make new friends, learn new skills and campaign on wideranging issues. The 45 members of Motcombe WI, 9 of which are on the Committee, meet on the second Wednesday of each month @ 7.30 pm in The Memorial Hall.

We have a variety of activities which include interesting speakers, yearly Theatre outing, Quiz evenings, Beetle drive, Bingo, Kurling and social evenings, which include wine and nibbles, also a Christmas a dinner at The Coppleridge Inn, with live entertainment.

We have a stall to raise funds at the Village Fete. We support Shafesbury Women's Refuge. October sees approx. 16 members attend the Annual Council Meeting of the Dorset Federation of the W.I.

As you can see we are not all JAM & Jerusalem. New members are always welcome.

Pat Lock [Secretary] (Tel. 850364) <u>mikelockdorset@hotmail.com</u>

Ramblers

We are not specifically a club. I have always been a great walker all my life. Slowing down at the age of 79, to around 12 miles a week.

I wanted to share some of the beautiful Dorset countryside with friends. Once a month friends know they can join me if they wish. We meet at a pub for lunch. On average I get around 18 folks. I keep it to within a 10 mile radius from Motcombe. A good day out. All are welcome.

Peter Gale (Tel. 851026) kizzycat80@yahoo.co.uk

Sewing Workshops in Motcombe

From beginners right the way through to accomplished 'sewists', The Little Pincushion offers sewing workshops through out the year.

Workshops include: basic sewing machine skills, Christmas crafts, decorative cushions, dressmaking, pattern design and drafting, clothing alterations, understanding sewing patterns and many more topics.

If you're interested in any of the workshops or have a topic you'd like covered please get in touch. All classes are small with a maximum of 10 students for craft workshops and 6 students for technical workshops. Custom workshops can also be arranged.

Laura Marsh (Tel. 897261) laura@thelittlepincushion.co.uk

U3A French for Fun

We meet on alternate Tuesday mornings (to Lunch Club) from 10.00 to 12.00 and keep to term times starting from September. New members are very welcome but would need to belong to the U3A and for practical reasons we try to keep the numbers to around a dozen.

[Venue: Methodist Church Hall.]

Chris Sims (Tel.854411) sims.barton@uwclub.net

Sports and Exercise Facilities

Jazzercise

Jazzercise is designed to be a workout for everyone — regardless of your age or fitness level. It's dance-based cardio, combined with Pilates, yoga, strength training, and stretching—all to popular hits. So yeah... no show tunes.

Weekly Class Schedule: Sat 9:45am Motcombe Memorial Hall

Charity Tidbury (Tel. 07799 484042) jazzercisedorsetwilts@hotmail.co.uk

Motcombe Park Sports Club

Motcombe Park Sports Centre is situated in the beautiful grounds of Port Regis School.

We offer memberships to all ages; membership entitles you to swim, play squash badminton and tennis, we also offer swimming lessons for all age groups, aqua fit several times a week for members and non members, and gym sessions for children and adults.

We also offer membership to our beautiful 18 hole golf course.

During the holidays we have children's activities and courses all of which can be booked through reception. For more information please call in or phone us on 01747 857957 We look forward to meeting you in the near future.

Christof Kirchner (Manager) (Tel. 857957) motcombepark@portregis.com

Motcombe Running Club

We run from the Village Hall on Mondays at 7pm We mainly run around the roads, but also off road where possible along bridle ways / footpaths etc.

We have about 10 members at present; we do have non-members who run with us as well.

We enter events from 5k Race for Life to London Marathon. We do it for Fun & enjoyment, not too serious. Over the years the Coppleridge have been kind enough to sponsor us.

Come and join us!

Frank Armstrong (Tel. 07711 898978) frank@motcomberunners.com

Pilates

Pilates is an intelligent, balanced exercise program, which focuses on increasing flexibility and strength and on structural alignment to improve posture. The emphasis is on developing a strong central core with increased body awareness and targeting the deep postural muscles. Focusing specifically on 6 key principles, the Pilates method improves posture and coordination as well as developing strength flexibility and reducing held patterns of tension in the body. The six main principles of Pilates are:

Centre the use of the deep postural muscles as the anchor for all movement

Control small precise movements to develop awareness and deeper muscular control

Concentration to connect body and mind

Alignment improves muscular balances and the support of joints

Breathing to maximise energy and movement efficiency

Flowing Movement grace of movement to exercise muscles evenly and work them efficiently

Pilates Matclass, suitable for all ages, but not beginners.

If beginners are interested please contact me.

Carla Barber IPTA (Tel. 07974 748132) charcroft@hotmail.com

Zest - Exercise for Health

Information regarding dance and exercise classes:

Zest - Exercise for Health Mondays 11.00 - 12.00 Fridays 11.15 - 12.15

Number on role - 46

I belong to a national organisation called The Fitness League. It has been in operation for over 80 years and has developed into an excellent exercise programme for the over 50's

It enables people to access exercises which target the key areas of flexibility and mobilising of the main joints and muscles in our bodies. It is delivered through dance and exercise using a wide range of music tastes bringing in some Pilates and yoga moves as well. The key to the success of the classes is that we have FUN and that everyone exercises at their own level.

The class is a meeting place for people to get together with a common goal of keeping as fit as possible so we can have a happy healthy life. Many of my members have told me that previously they would have not joined an exercise class because they felt that they were unable to keep up the pace of many classes on the market. My classes are low impact and people feel comfortable with working at their own level in a non judgemental environment. Most of my new members come from word of mouth from satisfied customers. We always have a coffee after the class where everyone catches up with each other and there is a huge sense of community within the group. You can take a look at our website if you need more information. (thefitnessleague.com)

Anne Lewis annelewis1354@yahoo.co.uk

Zumba Fitness

Website indicates: Sessions at Motcombe Primary School: Wednesdays 20.00 - 21.00h

Chantelle Johnson (Tel. 07590 326292)

Commercial Services

Coppleridge Inn

The Coppleridge Inn is a traditional country inn providing accommodation, meals and drinks to the general public. We also have banqueting facilities and a marquee for larger gatherings and

wedding receptions and we are able to accommodate occasional local meetings by arrangement. We are licensed for civil weddings. We are open every day of the year.

Chris Goodinge (Tel. 851980) thecoppleridgeinn@btinternet.co.uk

Dewberry Cottage B&B

18th century cottage with exceptional views . Home comforts , local produce and a warm welcome guaranteed . Beautiful accommodation with private facilities.

Amanda Jenkins 01747 855716 www.bandbshaftesburydorset.co.uk

Motcombe Garage

We are a long established family run garage & MOT station that offer a reliable, good value, trustworthy, extensive service locally. Whilst maintaining & supporting our local community it is important to us to maintain our good reputation and friendly, individual expert attention to each customer.

(Tel. 852579)

Motcombe Grange

Motcombe Grange is a luxury independent retirement development in Motcombe, situated in beautiful well-maintained grounds. It offers independent living in 30 apartments with residential staff to respond to emergencies.

Within The Grange is a gracious dining room, offering high standard optional lunches to the residents; drawing room, snooker room with bar and a hairdressing salon.

The Grange is very social but the joy of your own apartment allows for complete privacy should you wish. Tai Chi, ballet, scrabble, film evenings and social lunches are regular fixtures.

Lucy Stratford [Manager] (Tel. 852426) manager@grangeservices.org.uk

Pharmacies: Lloyds / Boots

Boots Prescription Service

Shaftesbury High Street Store Manager advises: The store does offer a delivery service to Motcombe residents for prescription medications on Tuesdays between 10am and 2pm depending on the driver's rounds. The service is offered only to patients who are house-bound and unable to get to the store. (*Tel.* 852471)

Lloyds Pharmacy Prescription Service

The Shaftesbury Store offers a 5 day per week prescription delivery service (Mon - Fri) for all Motcombe residents *regardless of whether the customer is or is not physically incapacitated.* (*Tel. 852086*)

The Little Pin Cushion

The Little Pincushion is sited in Motcombe. I am able to offer a full range of clothing alterations, embroidery services, military tailoring and medal mounting. No job is too small. All jobs considered, from sewing on school name tags and Scout/Brownie badges to fitting the bridesmaid dresses for a wedding party. As well as standard alterations such as hemming jeans and trousers, and replacing zips.

Please email or call if you're unsure about something. As I work from home I'm able to offer you competitive rates on the services available without compromising on the quality of workmanship.

Laura Marsh (Tel. 897261) <u>laura@thelittlepincushion.co.uk</u>

Proposed Scheme

Motcombe - Gillingham Cycle Way

Following intense initiative and effort by the scheme's originator (Martin Lee), this potentially superb local scheme offering many useful recreational benefits to both young and old has regrettably been left on-hold since 2012. With enthusiastic local volunteer support, organisation and input from within our community, an achievable, revised scheme is currently envisaged.

Martin Lee (Tel. 852273) mhlee22@uwclub.net

@November 2016